

## PE 133/134: Volleyball I, II

Fundamentals of passing, setting, hitting, serving, and defense. Emphasis on playing. (E)

### Course Student Learning Outcomes

1. Fundamentals of volleyball including passing, setting, serving, hitting and defense.
2. Fundamental offensive and defensive strategies.
3. Basic principles of team work, sportsmanship and fair play.

Credits: 1

Program: **Physical Education**